



TRAUMA-INFORMED CHILDCARE FOR

Foster - and - Adopted Kids

Presented by Defending the Cause Regional Alliance

THE NEED FOR TRAUMA-INFORMED CARE

Almost half the nation's children have experienced at least one or more types of serious childhood trauma, according to a new survey on adverse childhood experiences by the National Survey of Children's Health (NSCH). Parents and caregivers will need to learn new strategies to provide comprehensive care to these children in a way that facilitates trust, builds connection, and allows these children to thrive.

This 90-minute workshop is designed for childcare volunteers and staff who will be providing short-term care to foster and adopted kids. Complete with videos, a participant handout and time for discussion, attendees will walk away better equipped to meet the needs of this special group of kids.

TOPICS COVERED IN THIS WORKSHOP

Understanding Childhood Trauma

- What is Trauma
- The Effects of Childhood Trauma
- Typical Trauma Responses

Understanding Foster & Adopted Kids

- Overview of the Foster Care System
- Trauma-Related Behaviors

Trust Based Relational Intervention: Caring for Kids from Hard Places

- Connecting, Empowering & Correcting Principles
- Strategies that Don't Work for Kids from Past Trauma

Providing Trauma-Informed Care

- The 4 R's of Trauma Informed Care
- 5 Tools to Help Foster & Adopted Kids Thrive